

Influvac[®] Tetra

Influenza vaccine (surface antigen, inactivated)
Suspension for intramuscular or deep subcutaneous injection

Influenza is a major cause of workplace absenteeism

Study analysis of 1548 adults showed influenza cases resulted in 45% more missed work hours than non-influenza illness.¹

What is the flu?

Influenza is a common viral illness which spreads easily from person to person through touch and through the air. It occurs most often in the winter months, from May to October in New Zealand.^{2,3,5} Common symptoms of flu include a sudden onset of fever, headache, cough, sore throat and runny nose, as well as aching muscles and a general feeling of tiredness and being unwell.³

Influenza is not just a bad cold. Although some symptoms are the same, influenza is usually much more severe and can have serious consequences.⁴

Why get vaccinated?

Influenza is a serious disease that can lead to hospitalisation and sometimes death. The flu can affect anyone in the community, even fit and healthy people can get very sick from the flu and spread it to others.⁵

Because flu viruses are constantly changing, the formulation of the flu vaccine is reviewed each year and updated to keep up with changing flu viruses.⁵ Annual seasonal flu vaccine is the best way to reduce your risk of getting sick with seasonal flu.³

By protecting yourself, you are also helping to protect more vulnerable people around you, who are at greater risk of complications if infected. People who are at greater risk include pregnant women, children, the elderly and those with specific medical conditions.³

Cold⁶

- Gradual onset
- Relatively mild symptoms
- Gets better on its own

Flu³

- Sudden onset
- Last for two weeks or longer
- Sometimes hospitalisation can occur
- Bedrest may often be required
- Can cause secondary complications, which can be more severe and last longer than the flu

Protect your business. Make flu prevention a priority.

Vaccination is the most effective way to prevent disease³

Influvac[®] Tetra inactivated influenza vaccine contains four influenza strains, as recommended by the World Health Organisation.^{7,8}

- A/Michigan/45/2015 (H1N1) pdm09-like strain
- A/Singapore/INFIMH-16-0019/2016 (H3N2)-like strain
- B/Phuket/3073/2013-like strain
- B/Brisbane/60/2008-like strain

What you can do to prevent the spread.^{3,6}



References: 1. Petrie, J.G. et al. Illness Severity and Work Productivity Loss Among Working Adults With Medically Attended Acute Respiratory Illnesses: US Influenza Vaccine Effectiveness Network 2012-2013. *Clin Infect Dis* 2016;62(4):448-55. 2. Influenza. Ministry of Health NZ. Available at: www.health.govt.nz Accessed February 2018. 3. World Health Organisation (WHO). Influenza (Seasonal) fact sheet. January 2018. Available at: www.who.int/mediacentre/factsheets/fs211/en/. Accessed February 2018. 4. Influenza. Immunisation Advisory Centre. Available at: www.immune.org.nz Accessed February 2018. 5. Centers for Disease Control and Prevention. Key Facts About Seasonal Flu Vaccine. 2017. Available at: www.cdc.gov/flu/protect/keyfacts.htm. Accessed February 2018. 6. NHS Choices. Common cold – Symptoms. 2015. Available at: www.nhs.uk/conditions/cold-common/pages/introduction.aspx. Accessed February 2018. 7. Influvac Tetra New Zealand Data Sheet. Available at: www.medsafe.govt.nz Accessed February 2018. 8. Recommended composition of influenza virus vaccines for use in the 2018 southern hemisphere influenza season. World Health Organisations. Available at: www.who.int/influenza/vaccines/virus/recommendations/2018_south/en/. Accessed February 2018.

Influvac[®] Tetra (inactivated influenza vaccine, surface antigen): Single-dose 60 microgram haemagglutinin per 0.5 mL suspension for injection in pre-filled syringe. Prescription Medicine for the prevention of influenza caused by influenza virus, types A and B in adults and children 3 years of age and older. **Influvac[®] Tetra must not be used in people with an allergy to eggs, chicken, gentamicin, formaldehyde, cetrimonium bromide, polysorbate 80 or other constituent of the vaccine.** Do not use if you have had an allergic reaction following a previous dose of any influenza vaccine, or if you have recently suffered an acute fever. Medicines have benefits and some may have risks. **Tell your doctor** if you have any bleeding disorder, have a compromised immune system or have ever had an illness affecting the nervous system. Tell your doctor if you are taking any other medicines including those you may have purchased from a pharmacy, supermarket or health food shop as these may affect the way Influvac[®] Tetra works. **Possible side effects include** swelling and redness at site of injection, fatigue, headache, fever, malaise, allergic reactions. For further information or if you have side effects, ask your health professional or view the Consumer Medicine Information at www.medsafe.govt.nz. **Influvac[®] Tetra is a fully funded prescription medicine for patients who meet the PHARMAC criteria.** Normal doctor's, nurse's or pharmacy fees may apply. Ask your health professional if Influvac[®] Tetra is right for you. Influvac[®] is a registered trademark of BGP Products B.V. Mylan NZ Ltd., Auckland. TAPS NA9840.